



Brownie Batter Overnight Oatmeal

SERVINGS 1 • INGREDIENTS

1/2 CUP WHOLE MILK

1/4 CUP GREEK YOGURT

1/2 CUP OLD FASHIONED OATS

1 PACKET LUTRISH CHOCOLATE SHAKE

DIRECTIONS

IN A SMALL BOWL, MIX ALL INGREDIENTS. TRANSFER TO MUG OR MASON JAR. COVER AND REFRIGERATE OVERNIGHT. TOP WITH CHOPPED NUTS OR TOPPING OF YOUR CHOICE. ENJOY COLD OR MICROWAVE FOR 30-60 SECONDS FOR WARM.



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