

Nutrition Facts

1 serving per packet

Serving Size 3 oz. (85g)

Per 1 packet
with 8oz. (240mL)
of whole milk

Calories

Per 1 packet
460

620

%DV*

%DV*

Total Fat	27g	35%	35g	45%
Saturated Fat	24g	120%	28.5g	143%
<i>Trans</i> Fat	0g	0%	0g	0%
Polyunsaturated	1g		1g	
Monounsaturated	1.5g		1.5g	
Cholesterol	0mg	0%	30mg	10%
Sodium	95mg	4%	180mg	8%
Total Carbohydrate	47g	17%	58g	21%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	18g		28g	
Includes 17g Added Sugars		34%	17g	34%
Sugar Alcohol 0g			0g	
Protein	6g		14g	
Vitamin D	0.0mcg	0%	2mcg	10%
Calcium	120mg	10%	455mg	35%
Iron	1.6mg	8%	1.6mg	8%
Potassium	240mg	6%	616mg	8%
Vitamin C	1mg	2%	1mg	2%
Phosphorus	20mg	0%	20mg	0%
Magnesium	30mg	8%	30mg	8%
Chloride	20mg	1%	20mg	1%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Coconut Oil Creamer (Coconut Oil, Maltodextrin, Sodium Caseinate (a milk derivative), Mono- and Diglycerides, Sodium Silicoaluminate), Maltodextrin, Raw Cane Sugar, Milk Protein Concentrate, Cocoa Powder, Natural & Artificial Flavoring, Medium Chain Triglyceride (MCT) Oil

Contains Milk. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, eggs, and sesame.