

Chocolate Latte Smoothie

SERVINGS 1 • INGREDIENTS

1 CUP WHOLE MILK 1 PACKET LUTRISH CHOCOLATE SHAKE 1 TSP. ESPRESSO POWDER OR INSTANT COFFEE 1/4 CUP COFFEE FLAVORED YOGURT 1/4 TSP. PURE VANILLA EXTRACT 1/2 CUP CRUSHED ICE SWEETENER, SUGAR OR HONEY TO TASTE

DIRECTIONS

PLACE ALL INGREDIENTS IN A BLENDER AND PROCESS UNTIL SMOOTH. SERVE IMMEDIATELY. IF DESIRED, YOU CAN TOP WITH SOME WHIPPED CREAM.



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